

***The Church's essential dimensions of lifelong faith formation***



**Liturgical Formation**

Formation for “full, conscious and active participation” in our liturgical life – the meaning of the liturgy and the sacraments and the creeds, a spirit of thanksgiving and of repentance, praying with the community of faith.



**Knowledge of the Faith**

Gradual introduction to the tradition and Scripture, to the full meaning of the creed. Growth in a relationship with Jesus Christ and the community of faith.



**Formation for Community Life**

Apprenticeship in the ways of the communal life – a spirit of simplicity and humility, care for persons in need and for those who are alienated, communal prayer, correction and forgiveness, love of one another. Knowledge of and love for other Christian communities.



**Teaching to Pray**

The Lord’s Prayer as the model for all Christian prayer. Develop a spirit of prayer through faith formation and the life of the community. Learn to pray in all circumstances, and to pray with the community of faith.



**Moral Formation**

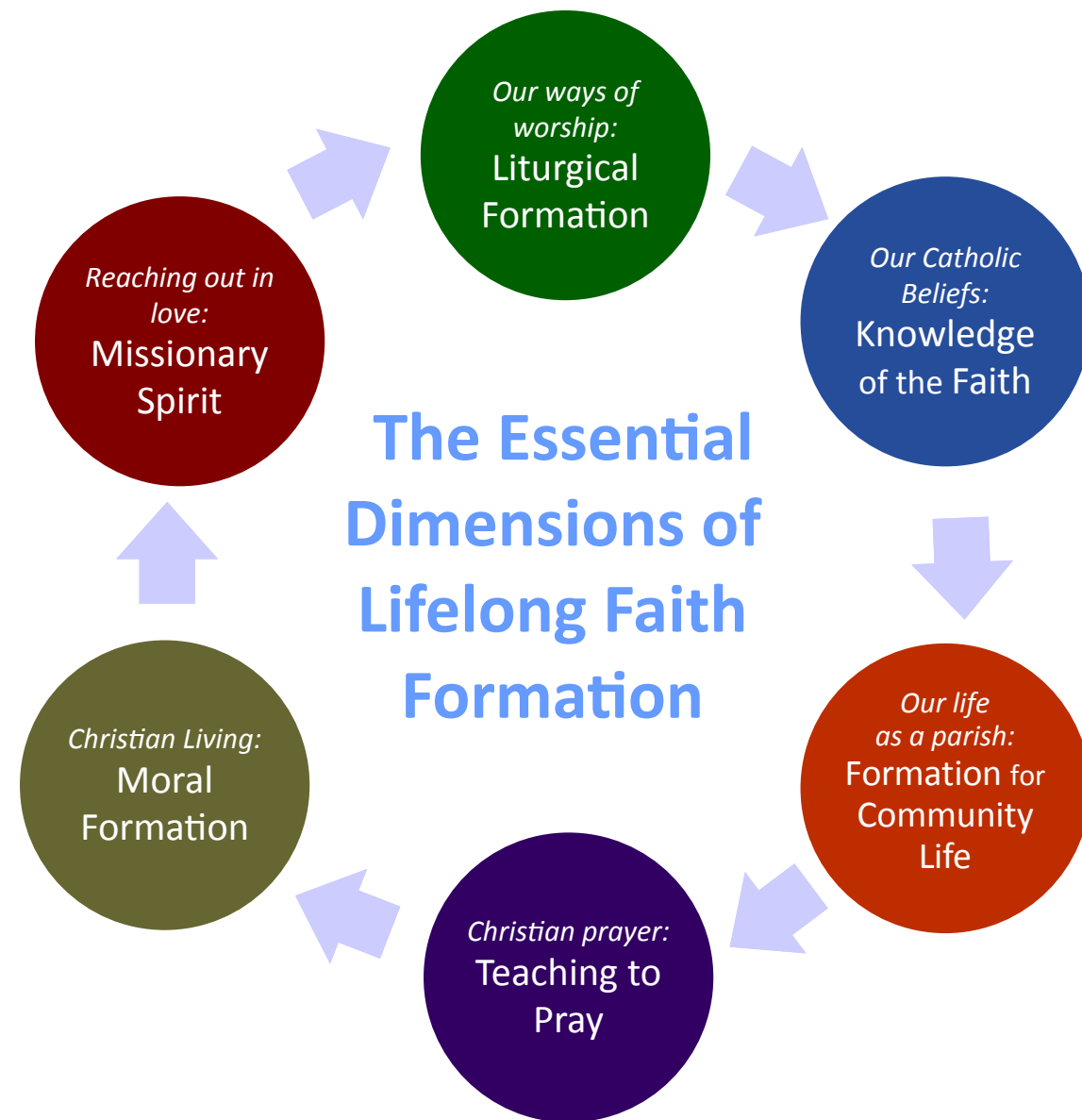
Conversion to Jesus Christ, through a journey of transformation. The Sermon on the Mount as the indispensable basis for moral formation. The challenge to receive the Word of God and put it into practice, including the social consequences of the demands of the Gospel.



**Missionary Spirit**

Forming disciples for the sake of a mission, present in society as Christians – proclaim Christ by word and deed, promote the common good, work for the transformation of society through social action.

Available online: *The General Directory for Catechesis* (1997), [www.vatican.va/roman\\_curia/congregations/cclergy/documents/rc\\_con\\_ccatheduc\\_doc\\_17041998\\_directory-for-catechesis\\_en.html](http://www.vatican.va/roman_curia/congregations/cclergy/documents/rc_con_ccatheduc_doc_17041998_directory-for-catechesis_en.html) and *Our Hearts Were Burning Within Us* (1999), [www.usccb.org/education/ourhearts.htm](http://www.usccb.org/education/ourhearts.htm)



“These dimensions are a totality; all are necessary. The maturing of the Christian life requires that all its dimensions be cultivated. When formation in faith omits any of these, the Christian faith does not achieve full development.”

**(From the Church’s *General Directory for Catechesis*, #87)**

How does Ss. John and Paul Parish cultivate these essential dimensions of faith formation?

- Parish Intergenerational Faith Formation
- Small Faith Sharing Groups
- Central Iowa Shelter and Services
- Prayer Shawl Ministry
- Caring Hands Outreach Center
- Youth Groups Mission Trips
- Refugee Resettlement, Catholic Charities
- Rice Bowls, Catholic Relief Services
- Prison Ministry
- RCIA
- St. Vincent DePaul
- Family Promise
- Homily
- Sister Water Project
- Vacation Bible School
- Caring Hands Walk for Hunger
- Presence Under the Tree
- School Supplies Project
- Habitat for Humanity's Circle of Faith
- Children's Variety Telethon
- Communion Ministers for Homebound and Care Centers

*Reaching out in love:*  
**Missionary Spirit**

*Our ways of worship:*  
**Liturgical Formation**

- Parish Intergenerational Faith Formation
- Liturgical and Sacramental Celebrations
- Celebrating the Liturgical Seasons
- Homily
- Children's Liturgy of the Word
- Formation for Liturgical Ministers
- Sacramental Preparation
- Communion Ministers for Homebound and Care Centers
- RCIA

*Our Catholic Beliefs:*  
**Knowledge of the Faith**

- Parish Intergenerational Faith Formation
- Small Faith Sharing Groups
- RCIA
- Sacramental Preparation
- Homily
- Marriage Preparation
- Children's Liturgy of the Word
- Preschool Sunday School
- Vacation Bible School, Adults and Children
- Youth Ministry
- Faith Formation e-Tools
- Bible Study
- Marriage Encounter Weekends
- Parish Renewals and Retreats
- Six Dates for Couples
- Parish Social Ministry Committee
- Catechist Formation
- JustFaith

**Lifelong Faith Formation**

- Parish Intergenerational Faith Formation
- RCIA
- Homily
- Parish Social Ministry Committee
- Parish Outreach Projects
- Youth Ministry
- Prison Ministry
- Catechist Formation
- JustFaith
- Habitat for Humanity's Circle of Faith

*Christian Living:*  
**Moral Formation**

- Parish Intergenerational Faith Formation
- Small Faith Sharing Groups
- RCIA
- Sacramental Preparation
- Liturgical and Sacramental Celebrations
- Youth Ministry
- Children's Liturgy of the Word
- Preschool Sunday School
- Vacation Bible School, Adults and Children
- Marriage Encounter Weekends
- Parish Renewals and Retreats
- Catechist Formation

*Our life as a parish:*  
**Formation for Community Life**

- Parish Intergenerational Faith Formation
- Communion Ministers for Homebound and Care Centers
- Small Faith Sharing Groups
- RCIA
- Sacramental Preparation
- Life after Fifty
- Fall Fest
- Knights of Columbus
- Prayer Chain
- Prayer Shawl Ministry
- Homily
- Parish Life Committee
- Welcome Committee
- Funeral Dinners
- Marriage Preparation
- Youth Ministry
- Stay-at-Home Moms
- Parish Nurse
- Parish Renewals and Retreats
- Marriage Encounter Community
- Faith Formation e-Tools
- Technology Committee
- Social Media

*Christian prayer:*  
**Teaching to Pray**